

EB-Gasket-VRS-4M40

Torque Specification (Nm)

These cylinder head bolts are "torque to yield" and require replacing.

This VRS Gasket set is supplied with the thickest gasket option.

The head gasket is manufacture to an OEM spec. It does not allow excessive over boring. Check there is adequate clearance around each cylinder bore before fitment.

Bolts 1 -18:

Stage 1: 98Nm

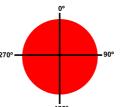
Stage 2: Loosen all bolts

Stage 3: 50Nm Stage 4: +90°

Stage 5: +90°

Bolts 19 & 20:

Stage 1: 24Nm



Important Information:
When installing valve stem seals, ensure you use a suitable tool to fit them.
These seals are easy to stretch which can cause them to come loose.

Torque Sequence

